



Zumba

Zumba is the new fitness hype all around the world. It fuses hypnotic latin rhythms and easy to follow moves to create a one of a kind fitness program. The City of Cambridge has developed this new program for adults with developmental disabilities.

**Saturday's October 15 – Nov 26, 2011
(No session Nov 19)**

David Durward Centre, 2nd floor

Activity Room

Cost \$40

Bar Code: 164527

For more information on this program contact
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