

## **PAL**

### **The Personal Attendant for Leisure Card**

#### **What is a PAL Card?**

For some people with disabilities, it is impossible to go places without someone's help. A PAL (Personal Attendant for Leisure) Card allows people with disabilities to be accompanied by an attendant – FREE of charge!

#### **The PAL Card:**

1. Identifies that the person named on the card requires the assistance of an accompanying personal attendant. All regular program fees/registration fees apply.
2. Authorizes that the accompanying personal attendant will not be charged Registration or Admission.

#### **Who is eligible for a PAL Card?**

You are eligible if you meet the following 2 (Statistics Canada) requirements for disability:

1. You are a person with a disability and your disability restricts you from performing activities within the range considered normal and,
2. Your disability can NOT be eliminated by the use of a technical aid like eyeglasses.

If you have a disability but it's not permanent, you can still apply! Approval will be based on whether you meet the two requirements listed above.

If you just had surgery and will need assistance only for a little while you will be issued a "Temporary" PAL Card, as long as you meet the above criteria.

#### **Who can Act as My Attendant?**

Your attendant can be anyone in your life. Perhaps a friend, relative, support worker, Special Services at Home worker, or anyone else who can attend to your needs. And, it doesn't have to be the same person every time!

#### **Where will the PAL Card be recognized?**

##### **City of Cambridge**

###### **\* Municipal Programs**

- \*Aquatics
- \*Direct Leisure Programs
- \*Arenas
- \*Arts, Culture and Special Events
- Cambridge Hornets-Games
- YMCA of Cambridge
- Wedges N' Woods Golf Academy
- Dickson Bowl
- Chicopee Ski Club
- I Bowl
- Wings of Paradise

##### **City of Kitchener**

###### **\* Municipal Programs**

- \*Aquatics
- \*Direct Leisure Programs (Breithaupt, Rockway, Victoria School)
- \*Arenas
- \*Arts, Culture & Special Events
- Golf Courses
- Kitchener Mem. Aud.
- Bingemans
- Waterloo Regional Children's Museum
- Kiwanis Park
- Majestic Mud Pottery Studio

##### **City of Waterloo**

###### **\* Municipal Programs**

- \*Aquatics
- \*Direct Leisure Programs (Adult Recreation Centre, Albert McCormick Community Centre, RIM Park, Wing 404, Bechtel Park, Moses Springer Community Centre)
- \*Arenas
- \*Arts, Culture and Special Events
- Grey Silo Golf Course

##### **City of Guelph**

###### **\* Municipal Programs**

- \*Aquatics
- \*Arenas
- \*Direct Leisure Programs (Evergreen Seniors Centre, Delhi Community Centre)
- Arts, Culture, Special Events

#### **How can I get a PAL Card?**

1. Complete the application.
2. Be sure to include the names and phone numbers of references.
3. Submit the application.
4. When you receive your letter of acceptance, take it to the Cambridge YMCA to get your card.

For more information please contact: Telephone: 519.740.4681 ext 4292 or ext. 4202; TTY: 519.623.6691; or Email: [hylandr@cambridge.ca](mailto:hylandr@cambridge.ca) OR [doucettem@cambridge.ca](mailto:doucettem@cambridge.ca)



## Pal Card Application

PLEASE PRINT LEGIBLY

Complete the following information. All information pertaining to this application is confidential.

Name of applicant: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ Phone #: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

To determine eligibility requirements, please answer the following questions:

1. Is the disability: Permanent  Temporary

2. If Temporary, how long do you anticipate the disability to last? \_\_\_\_\_

3. Is the disability eliminated by the use of a technical aid (e.g. eyeglasses?) Yes  No

At present, the City of Cambridge Inclusion Services Division does not require a medical certificate for PAL Card eligibility. However, it is necessary to have verification that the applicant has a disability. Therefore, references are required. The references must professionally work directly with the applicant and can verify he or she has a disability. **Acceptable References include: physicians, therapeutic recreationist, occupation therapists or physiotherapists, speech language pathologists, teachers, clergy, etc.** All references will be contacted by City of Cambridge, Community Services Department staff before the PAL Card application is approved. If you wish you may submit written verification along with your application from any of the acceptable references listed above.

PLEASE NOTIFY REFERENCES OF YOUR APPLICATION.

ONLY LIST PLACES OF BUSINESS (personal home phone numbers are not acceptable).

References:

1. Name: \_\_\_\_\_ Occupation: \_\_\_\_\_ Work Phone: \_\_\_\_\_

2. Name: \_\_\_\_\_ Occupation: \_\_\_\_\_ Work Phone: \_\_\_\_\_

The statements made above are, to the best of my knowledge, complete and accurate. I understand that the City of Cambridge Community Services Department will contact the references and that approval of this application depends upon verification that the applicant is a person with a disability who would require an attendant.

Personal information contained on this form is collected pursuant to the Municipal Act and will be used for the purpose of the issuance of a PAL card and updates only. Questions about the collection of personal information should be directed to the City's Freedom of Information and Privacy Co-ordinator in the Corporate Services Department, Clerk's Division at 519.740.4680 Ext. 4079.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(Signature of Applicant, Parent, Guardian, or Caregiver)

Forward completed application to:

City of Cambridge, Community Services Department

Attention: R. Hyland

50 Dickson Street, Main Floor

P.O. Box 669, Cambridge, ON N1R 5W8

Phone: 519.740.4681 Ext. 4292 TTY: 519.623.6691 Fax: 519.740.7302

Email: [hyland@cambridge.ca](mailto:hyland@cambridge.ca)