



Christopher Champlain Resource Centre
125 Champlain Blvd. Unit # 8
Phone #: 519-740-8565
Fax #: 519-621-6920

Christopher Champlain McIntosh Loft
200 Christopher Drive, 2nd Floor
Phone #: 519-624-3855
Fax #: 519-624-3497

WINTER REGISTRATION!

On-going registration at the McIntosh Loft Mon-Fri 9-5pm. Programs may be cancelled due to low registration. Fee assistance available; please contact the Outreach Worker at 519-740-8565. **All Payments Cash or Cheque only please!**

VOLUNTEER OPPORTUNITIES

The heart of Kinbridge Community Association is its dedicated volunteers. To find out how *you* can share your skills or even gain new ones, contact our Volunteer Coordinator, Louise Harnett at louiseh@kinbridge.ca. Volunteerism: where desire and opportunity unleash remarkable results!

MARCH BREAK DAY CAMP!

Join Kinbridge staff in fun games, activities, crafts, and off-site trips. This camp will be at the McIntosh Loft from 8:30am-5:30pm, March 12-16th. Camp is for grades JK-7 and is \$90/participant. **Register early, as space is limited.**

L.E.A.D. – Youth Leadership Excellence & Asset Development!

Gain Leadership experience, team building, organizational & communication skills in a 12 module certificate! L.E.A.D. **MUST BE COMPLETED BEFORE YOU CAN BECOME A L.I.T.** Please call for more March Break Camp details.

PROGRAM	DAY/TIME	GRADE	LOCATION	COST
FUN WITH PHONICS AND MATH Get your child ready for school. We will do fun interactive games and songs to help teach your child reading & math.	Tue 1-2pm Tue 2-3pm Jan. 17 – Mar. 6	Ages 3-4	Christopher Champlain Resource Centre	\$32/8 weeks
KIDS IN THE KITCHEN Learn how to bake, and make yummy snacks. We will use the microwave, oven and other cooking appliances!	Wed 4:00-5:00pm Jan. 18 – Mar. 7	Gr. 1-4	McIntosh Loft	\$20/8 weeks
FAMILY PLAYGROUP Join us to enjoy circle time activities, crafts, and a snack each day! Build friendships with people in your community.	Mon, Wed & Fri 12:30-2:30pm Jan 9 – June 29	Ages 0-6 & parents/caregiver	McIntosh Loft	FREE
AFTER-SCHOOL ADVENTURES! Play exciting games, get homework assistance, learn to bake and go swimming! Programs run Monday to Friday after school until 5:30pm for children in JK to Grade 7.	Mon - Fri 3:00-5:30pm 3:15-5:30pm 3:30-5:30pm	Gr. 1-8	St. Giles Church, Dolson & Forward Baptist Church	\$35/participant \$60/ 2 from same family per week
WINTER BREAK CAMP Have an amazing time going on trips, playing games, and making crafts with your friends. Be prepared to go tubing.	Mon – Fri 8:30-5:30pm Jan. 2 – Jan. 6	Gr. JK-7	McIntosh Loft	\$25/child/day OR\$90/child/5 days
P.A. DAY PROGRAMS! 8:30-5:30pm Participate in a variety of games, crafts & activities. Bring your swim suit & towel!	Fri & Mon 8:30-5:30pm Jan 20 & Feb. 20	Gr. JK-7	Stewart Ave School	\$25/participant
HIP HOP Learn the newest moves and poses in a choreographed routine that the crew will perform at a special event.	Thur. 4:00-5:00pm Jan. 19 – Mar. 8	Gr. 5-11	McIntosh Loft	\$32/8 weeks
CRAFTY KIDS Make a different craft each week! Get messy with painting, wood crafts, paper maché and more!	Mon 4:00-5:00pm Jan. 16 – Mar. 5	Gr. 1-4	Christopher- Champ. Resource Centre	\$24/8 weeks
DRAMA CLUB Have you ever wanted to be an actor? Get started by having fun and learning basic skills needed to get your big break!	Wed 6:00-8:00pm Jan. 18 – Mar. 7	Gr. 5-11	McIntosh Loft	\$32/8 weeks
YOUTH DROP-IN – Take ownership of your program by assisting with the development of a variety of activities, events and trips. Tuck shop available & movie nights!	Thur. & Fri. 6:00-8:00pm 6:00-9:00pm	Gr. 5-7 Gr. 8-10	McIntosh Loft	FREE
YOUTH SPORTS NIGHT Join other youth in the community to play dodge ball, basketball, floor hockey & more! No program Spring Break.	Wed & Thur. 6:00-8:00pm Jan 12 – Jun. 17	Gr. 5-10	Stewart and Chalmers School	FREE
ADULT DANCE FIT Dance the pounds off while having a great time dancing! This class is suitable for all fitness levels.	Thurs. 4:00-5:00pm Jan.19 – Mar. 8	16+	McIntosh Loft	\$20/8 weeks
YOGA WITH JEFF Enjoy 1.5 hours of relaxing, sculpting and strengthening yoga with our popular instructor Jeff. No class 1 st Mon. each month	Mon. 6:00-7:30pm Jan. 9 – Mar. 26	16+	McIntosh Loft	\$85/10 weeks
BABY AND ME YOGA This is a specialized class for new moms. Bring your baby and relieve stress as you stretch and strengthen your body.	Tue. 1:00-2:00pm Jan. 17 – Mar. 6	16+	McIntosh Loft	\$48/8 weeks
ADULT DROP-IN SPORTS Drop-in when you have time to enjoy a pickup game. Wednesdays – Basketball; Thursdays – Soccer.	Wed. & Thur. 8:00-10:00pm Jan. 18 – Mar. 22	16+	Stewart Avenue School	\$5/per visit

Subsidies are available for Kinbridge Programs. Contact your Outreach Worker for more information.