

YOU ALREADY HAVE THE TOOLS TO SAVE A LIFE. WITH OUR HELP, YOU'LL BE ABLE TO USE THEM.

Approximately 45,000 cardiac arrests occur in Canada every year. 85% occur in public places or private homes. Less than 5% survive. However, when defibrillation is applied with CPR in the first few minutes, it can dramatically improve the individual's chance of survival by up to 75%.



FREE

CPR Level-A & AED Certified Training

Saturday, November 12th, 2011 (Two Courses)

**8:00 am – 12:00 pm at City Hall (Bowman Room),
50 Dickson St., Cambridge, ON.**

**12:00 pm – 4:00 pm at The Aud. (Subscribers Lounge),
400 East Ave., Kitchener, ON**



St. John Ambulance
SAVING LIVES
at work, home and play



To register, please contact Tel. (519) 579-5451 or email to: ckwcpr@gmail.com



Participants will receive a free Heart&Stroke CPR Anytime™
Family & Friends™ kit. (one per family per household valued at \$40)

Learn more at heartandstroke.ca/restart

