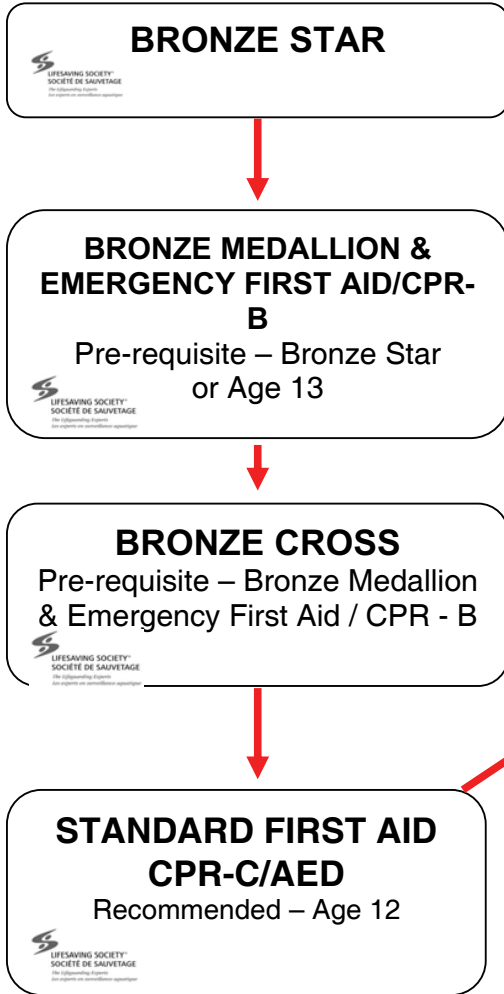


LEADERSHIP PATH

BECOME A LIFESAVER



FOLLOWING THE LEADERSHIP PATH

Once completing either or both the *Red Cross Swim kids program* or the *Canadian Swim Patrol Program* you can start the leadership path.

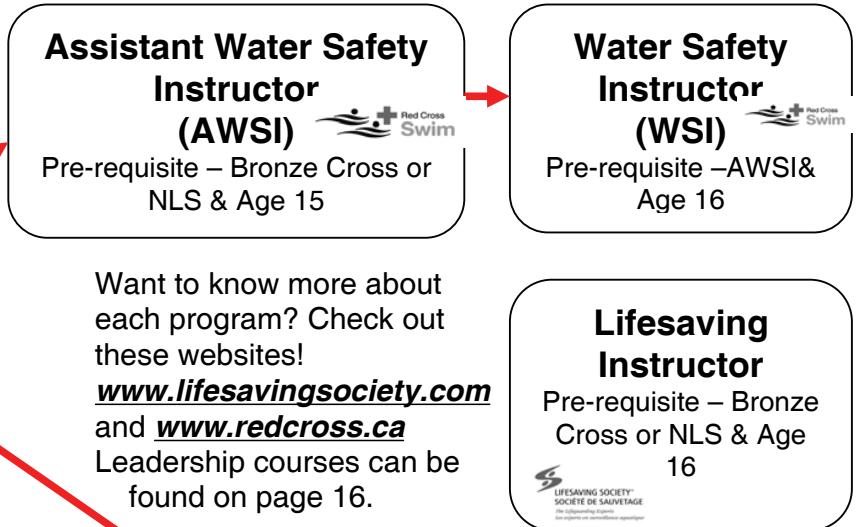
You begin your journey by working towards becoming a **LIFESAVER**. A **LIFESAVER** is a certified volunteer who is trained to deal with both aquatic and other emergencies. As you progress along the **LIFESAVER** path you will learn more and more challenging skills

Once you have completed the **LIFESAVER** path, you can work towards your professional certification of **LIFEGUARD** and **SWIM INSTRUCTOR**

Becoming a **LIFEGUARD** takes you through the NLS program

Becoming a **SWIM INSTRUCTOR** take you through the AWSI and WSI program Instructor

BECOME A SWIM INSTRUCTOR



Want to know more about each program? Check out these websites!

www.lifesavingsociety.com

and www.redcross.ca

Leadership courses can be found on page 16.

BECOME A LIFEGUARD



Have all your certifications?
Want a job?
To apply head to www.cambridge.ca or drop by the John Dolson Centre or the W.G Johnson Centre

Aquatic Leadership Courses

Course Pre-requisites	Description	John Dolson Centre 519-740-4681 ext. 4527	W.G. Johnson Centre 519-740-4681 ext. 4467
Lifesaving Swim Patrol (Rookie/Ranger/Star)	Enriched training for those who want to develop swim strokes and skills	Saturdays, Jan 7 – Mar 3, 5 – 6pm Res. \$67.30 & Non-Res. \$80.75 Bar Code: Rookie 165473 Bar Code: Ranger 165472 Bar Code: Star 165474	Sun, Jan 8-Mar 4, 4:30-5:30 pm Res. \$67.30 & Non-Res. \$80.75 Bar Code 165773 Rookie Bar Code 165772 Ranger Bar Code 165774 Star
Lifesaving Bronze Star Pre-req. Swim Patrol recommended	Excellent preparation for success in Bronze Medallion. CPR skills.	Saturdays, Jan 7 – Mar 3, 3 – 4pm Res. \$75.85 Non-Res. \$89.30 Bar Code: 165471	Sundays, Jan 15-Mar 4, 5–6:30pm Resident \$75.85 Non-Resident \$89.30 Bar Code 165768
Jr. Lifeguard Club Learn what it takes to be a Lifeguard.	An action-packed challenge for kids.	Saturdays, Jan 7 – Mar 3, 4 – 5pm Res. \$75.85 & Non-Res. \$89.30 Bar Code: 165475	
Bronze Medallion & Emergency First Aid Pre-req. Must be 13 yrs of age on or before exam or Bronze Star	Involves challenges in decision making & rescues.	Saturdays, Jan 7 – Mar 3 (3 – 6 pm) Exam: Sat, Mar 24, 9 – 1pm Res. \$129.02 + H.S.T. Non-Res. \$142.90 + H.S.T. *Combined if low registration Bar Code: 165470	Sundays, Jan 8-Mar 4, 5–8 pm Exam: Sun, Mar 4, 5–8 pm Resident \$129.02 + HST Non-Resident \$142.90 + HST *Combined if low registration Bar Code 165766
Bronze Cross Pre-req. Must be 14 yrs of age on or before the exam & Bronze Med./SR.RA/EFA	Dealing with more difficult emergency procedures, rescues, & spinal injuries.	Saturdays, Jan 7 – Mar 3 (3 – 6 pm) Exam: Sat, Mar 24, 3 – 6 pm Res. \$90.33 + H.S.T. Non-Res. \$104.94 + H.S.T. *Combined if low registration Bar Code: 165469	Sundays, Jan 15-Mar 4, 5–8 pm Exam: Sun, Mar 4, 5–8 pm Resident \$90.33 + HST Non-Resident \$104.94 + HST *Combined if low registration Bar Code 165767
Red Cross Assistant Water Safety Instructors Pre-req. Must be 15 yrs & Bronze Cross.	Designed for those who want to become swimming instructors.	Sat/Sun, Sat 1 – 8:30pm Sun 8:30am – 8:30pm Res. \$168.38 + H.S.T. Non-Res. \$184.94 + H.S.T. Bar Code:	Sat, Jan 28 & Sun, Jan 29 and Sat, Feb 25 & Sun, Feb 26 9 am – 6 pm Resident \$168.38 + HST Non-Resident \$184.94 + HST Bar Code 165922
Red Cross Water Safety & Lifesaving Instructors Pre-req. 16yrs of age, current Red Cross Assistant Water Safety Instructors with 20 hours Ass't Teaching Hrs.	This program provides the training necessary to teach Red Cross & LSSC Courses.	start at 6 pm Cost: Res. \$255.56 + H.S.T. Non-Res. \$278.71 + H.S.T. Bar Code:	Red Cross Water Safety Instructor-Only) Fri, Mar 2, 5-9 pm Sat, Mar 3, 9 am-8 pm Sun, Mar 4, 9 am-7 pm Resident \$182.52 + HST Non-Resident \$198.98 + HST Bar Code 165923
NLS Pre-req. 16 yrs of age by exam date & Bronze Cross and Standard First Aid	This gives the candidate the ability to develop the skills & knowledge to become a lifeguard.	start at 6pm Res. \$180.80 + H.S.T. Non-Res. \$203.95 + H.S.T. Bar Code:	Sun, Jan 29-Feb 26, 11 am-8 pm Exam Sun, Mar 5, 3-8 pm Resident \$180.80 + HST Non-Resident \$203.95 + HST Bar Code 165769
Lifesaving Society Standard First Aid/ CPR C / AED	Designed to train individuals in the skills to perform first aid, resuscitation & CPR.	Sat, Dec 17 & Sun Dec 18 8:30 am – 6:30pm Res. \$144.69 + H.S.T. Non-Res. \$165.19 + H.S.T. Bar Code: 164414	Sat, Jan 28 & Sun, Jan 29 8:30 am-5:30 pm Resident \$144.69 + HST Non-Resident \$165.19 + HST Bar Code 165770
Lifesaving Society A.E.D. – Provider Pre-req. CPR B or C		Sat, Jan 14, 10am – 2pm Res. \$65 + H.S.T. Non-Res. \$78.32 + H.S.T. Bar Code: 164419	Sat, Jan 21, 9 am-1 pm Resident \$65 + HST Non-Resident \$78.32 + HST Bar Code 165792
Recerts Red Cross Water Safety Instructors	Must show proof of your WSI.	Sun, Dec 18, 8:30am – 1:30pm Bar Code: 164415 Res. \$115.90 + H.S.T. Non-Res. \$133.28 + H.S.T.	*Withdrawals or transfers 5 business days or less prior to the start of the course will receive no refund. Withdrawals or transfers greater than 5 business days prior to the start of the course will receive a full refund minus a 15% or \$5 (whichever is greater) administration fee whether the amount is left on the account or is to be refunded.
NLS	Must show proof of your NLS	Sat., Dec 17, 8:30am – 2:30pm Res. \$115.40 + H.S.T. Non-Res. \$132.28 + H.S.T. Bar Code: 164416	

Please note: all fees include materials and exam fees where applicable.

New Refund Policy: Please see page 10 for information on the New Refund Policy for Aquatic Leadership Courses.