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For Immediate Release

Special Recreational Activities in Cambridge Coincide with Ontario's 'June is Recreation and Parks Month'

Cambridge, Ontario. May 30, 2011... The City of Cambridge is a 2011 Ambassador for the provincial initiative that celebrates Recreation and Parks each year in June. For Cambridge residents, it means some unique program offerings that coincide with the Ontario-wide celebrations that help to build awareness and contribute to healthy community building.



"Cambridge has put together a comprehensive calendar of events that provides at least one suggestion of an activity each day in June," says Nicole Cichello, Recreation Coordinator for the City of Cambridge. "It's our way to support the initiative. This go-to area is something that citizens can easily see the diversity of the happenings in June."

The calendar incorporates city and community-driven events to provide a snapshot to citizens and it displays the appropriate contact information to find out more about the activity. If you would like to view the special Cambridge June Recreation and Parks calendar online visit:
<http://www.cambridge.ca/relatedDocs/benefits%20of%20rec%20and%20parks.pdf>.

The City of Cambridge has a multitude of recreation programs offered through the community centres, 50+ centres and the Cambridge Centre for the Arts. Within the City limits, there are over 365 hectares of parkland. There is also an option to reserve picnic sites and playing fields at many of the parks. Mill Race Park, at the corner of Parkhill and Water Streets, has a unique historical stone amphitheatre and is also available for booking wedding ceremonies and photography.

For more information about the provincial program visit:
www.recandparksmonth.ca. The Ontario program now has over 30 Ambassadors and was launched in 2008 to showcase the benefits of parks and recreational. It recognizes the impact of recreation on things like improving physical fitness, strengthening families, and increasing stewardship and environmental awareness, to name a few.

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The City of Cambridge is one of the fastest growing areas in the country. It is strategically located astride highway 401 in Southwestern Ontario, part of Canada's Technology Triangle. In 2010, the population was over 130,000 people with a multicultural mix and a strong foundation of support services. Cambridge has a diverse economic base with leading industries in manufacturing, automotive, high technology, pharmaceutical, business and financial services and hospitality/retail. It's about choice, options and value when you become part of the community.

You meet the nicest people in Cambridge. It's a place that understands all about coming together. There is so much more to Cambridge than the beautiful lands created at the convergence of two rivers or its logistically perfect location in the heart of Ontario's economic corridor. Cambridge is the coming together of people from diverse, close-knit and proud communities. The people of Cambridge 'do the right thing' by respecting history, family values, a sound work ethic, the arts, environment and advancement. A young city, Cambridge is a master of balancing the excitement and promise of the new with the historical significance and stability of the old. A place where coming together is just the start. Uniting together is what sets Cambridge apart. Undiscovered-Cambridge families and entrepreneurs get more for less, and sacrifice nothing.

The Corporation of the City of Cambridge is an employer with a work environment that offers the opportunity to provide service to the community through creativity and innovation, and with potential for career growth and advancement. For more information on the area or the corporation visit www.cambridge.ca. The City of Cambridge press room is located at <http://www.cambridge.ca/pressroom>. To opt out of the news release distribution, please send an email to Linda Fegan feganl@cambridge.ca.