

## John Dolson Centre

212 South Street, Cambridge N1R 2P4

**Hours:** Monday 8am-9pm, Tuesday 8am-10:00pm,  
Wednesday 8am -10pm, Thursday 8am-10:00pm, Friday  
8am-8:15pm, Saturday 8am-7:15pm,  
Sunday 1:30-7:00pm

Holiday hours: call Center for times

### Facility Features

- Pool: 25m by 15m, bleachers on deck
- 1 metre diving board, slide
- dry sauna
- gym shared with St. Ambrose School
- available for rentals for birthday parties,
- basketball, volleyball, etc.
- Sonic Bounce – Inflatable Amusement (available for rental)

## W. G. Johnson Centre

31 Kribs Street, Cambridge N3C 2L3

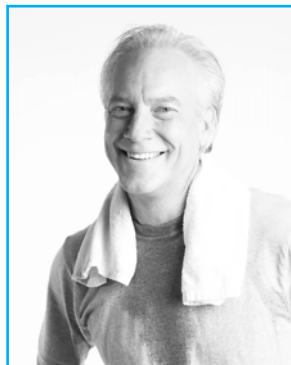
**Hours:** Monday to Thursday 6am to 10:30pm  
Friday 6am-9:30pm

Saturday and Sunday: 8am to 8pm

Holiday hours: call Centre for times

### Facility Features

- Pool: 23m by 12m
- fully accessible
- 1 metre diving board, tarzan rope
- giant water slide, whirlpool
- conditioning centre
- dry sauna
- 50+ Recreation Centre-Ted Wake Lounge
- gym



### Lockers

Lockers are available for \$0.25 or you can bring your own lock. Locks must be removed daily.

### Change Rooms

Please use age appropriate change rooms for children 6 years of age or older.

### Floating Devices

You are welcome to bring wearable floatation devices to use in the shallow end. However, if children are using floatation devices you must remain within arms reach. Please mark your name on anything you bring to our facilities.

### Rentals

For information on renting a pool, gym, or meeting room, please see page 80.

### Pool Fouling

All children not toilet trained must wear an article of clothing that will keep fecal matter contained in the event of a fouling.

We suggest you use: Plastic pants  
Little Swimmers pool pant diapers. (Little Swimmers are available for purchase at the pools for a minimal fee)

Standard diapers are not allowed.

A pool fouling will cause a closure of our pools anywhere from 18 – 24 hours. The Ministry of Health enforces this regulation. Your co-operation is greatly appreciated.

### Showers

Showering before you enter the pool will keep it clean for your swimming experience. We also ask that shoes not be worn in the shower area as Health Regulations require the shower area to be kept clean and disinfected. Booties are available at front desk.

### Lost and Found

Have you left something behind? Articles in the lost and found bins at both the John Dolson Centre and the W.G. Johnson Centre are kept for one month, at which time they are cleared out of the facilities.